

Fair Isle 201 Workshop Vest Pattern - Instructor Nancy Shroyer

Supplies: #8 (5.0mm) 16" circular needle, #8 32" (or longer), circular needle OR 4 #8 DP needles, #6, straight or circular needles, 2 balls of worsted weight yarn. One color should be Dark and the other color should be Light. About 50 grams, for each, 2 ring markers. **Also, bring to class:** a scissors, a crochet hook (C or D), about 5 yards of a 3rd color of yarn in a lighter weight, tapestry needle.

Note, if you are new to 2 color stranded knitting, do your best to get through the below and we will review all techniques in the class.

Little Vest: With the darker color, cast on 84 sts. Join into a circle. Knit 3 sts, place a marker on the needle. Work in K2, P2 rib to the last 5 sts, K2, Place a marker on the needle. K3. There should be 6 sts between the markers (the beginning of the row is in the middle – these will be the steek sts.) and the rest should be in rib, beginning and ending with K2.

Work 1 more row in 2 x 2 rib, maintaining the 6 steek sts in stockinette st. If you are familiar with corrugated ribbing, you can join the lighter color after the 2nd rib row, and Knit 2 with the Dark color and purl 2 with the Light color. Otherwise, complete the ribbing with the Dark color only.

NOTE: If you join the Light color at this time, or for the below pattern work the 6 steek sts as follows BFBBFB. B is the background color (in the below pattern that will be your Dark color) and F is foreground color (in below pattern that is your Light color). This will create a stripe in the steek that will make sewing easier later on. Box 1 and 4 are the 6 steek sts.

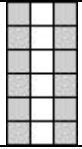

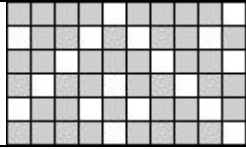
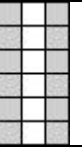
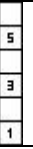
Work rib as established for about 1 ½" from beginning.

With Dark color knit 1 round, increasing 3 sts evenly around (do not inc in the 6 steek sts). 87 sts.

NOTE: the 4 boxes below are worked from right to left, just as you knit. Work row 1 of box #1 first, followed by row 1 of box 2, then row one of box #3 and finish with row 1 of box #4. There will be a marker (**M**) after box 1 and before box 4. A ruler or Post-it note may help you to keep your row in line. Gray is your Dark color and the background, white is your Light color, or foreground. It may help you to place markers at each repeat of box 2.

Join the light color at the beginning of the row (in the middle of the 6 sts between markers). Begin with row one of box 1 and work across to complete the row. Work rows 2 – 6 in the same manner. Repeat rows 1- 6 once more.

Work one row with the Dark color only. Work one row with the Light color only

Box 4	M	Box 3	M	Box 2	M	Box 1	Row#
							
Slip marker, Work these Last 3 sts		This is the last st before the marker		Repeat this pattern 8 times		Begin here. Work 3 sts before marker	5 3 1

Leave the sts on the needles and the 2 colors of yarn attached and bring with you to the workshop.

Abbreviations: **B** – background, **BO** – bind off, **CO** – cast on, **F** – foreground, **K2tog** – work next 2 sts together as one, **LH** – left hand, **M** – marker, **PU** – pick up, **RH** – right hand, **RM** – remove marker, **SLM** – slip marker, **SSK** – slip, slip, knit – slip next 2 sts, one at a time as if to knit, to the RH needle, insert the LH needle into the front of these two sts and knit together through the back loops, **TURN** – turn work around so the wrong (purl) side is facing,

Knit On(cast on): Insert the RH needle into the first st on the LH needle and wrap as if to knit, but do not take the st off the LH needle, lift the new wrapped st on the RH ndl up and onto the LH needle, repeat until the correct amt of sts have been cast on.